



# Edward Via College of Osteopathic Medicine

## 4<sup>th</sup> Year Clinical Rotation: Pain Management

MED 8400: Elective Clinical Rotation I  
MED 8410: Elective Clinical Rotation II  
MED 8420: Elective Clinical Rotation III  
MED 8430: Elective Clinical Rotation IV

## COURSE SYLLABUS

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### I. Rotation Description

Students will spend the majority of their time in the outpatient setting. They will participate in the daily patient schedule. They will be expected to evaluate the patients and their radiographs in the clinic and then discuss the choice and execution of treatment plans, to include procedures, with attending pain management physicians. Students will be expected to participate in procedures that are related to the treatment of both acute and chronic pain. Students can anticipate the development of skills in performing a detailed neurological examination and formulating treatment strategies aimed at patients with chronic pain.

### II. Rotation Goals

- a. Gain an appreciation for the breadth of acute and chronic pain
- b. Develop skills in a detailed neurologic exam
- c. Gain fundamental skills in the radiological evaluation of the nervous system
- d. Gain fundamental skills in patient care
- e. Develop skills in communicating with chronic pain patients and their families
- f. Be able to describe and differentiate the symptoms and physical examination findings of low back pain, myofascial pain and complex regional pain syndromes
- g. Gain insight into the array of ethical and socioeconomic factors impacting the care of patients with chronic pain

### III. Rotation Design

The Pain Management rotation occurs primarily in the clinic setting.

- IV. Credits  
4 week course = 4 credit hours
  
- V. Suggested Textbook and References
  - a. Essentials of Pain Medicine: Expert Consult; H. Benzon; Elsevier, 3<sup>rd</sup> ed., 2011
  - b. Pain Management; S. Waldman; Elsevier, 2<sup>nd</sup> ed., 2011
  
- VI. Course Grading/Requirements for Successful Completion of the Pain Management Rotation
  - a. Attendance according to VCOM and preceptor requirements
  - b. Preceptor Evaluation at end-of-rotation

Grading policies, academic progress, and graduation requirements may be found in the  
at: <http://www.vcom.vt.edu/catalog/>.

- VII. Clinical Performance Objectives  
The end-of-

